

“Dancing Leaves Table Setting”



Like the colorful rolling hills in autumn, these placemats are pieced together with an array of warmly colored fabrics then quilted with dancing maple leaves. Autumn colors come alive as they dance around the uniquely shaped “circular” napkins. The napkin holders add a final touch of beautiful color to your fall decorations to make your fall table setting look like it was just picked off the tree!

Skill Level: Beginner

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Dancing Leaves Placemats

Supplies:

Baby Lock Ellegante or Espire Sewing Machine
 Placemats made from small reeds
 A selection of fall colored fabrics for the pieced squares
 ½ yard of coordinating fabric for the binding
 Fleece
 Spray adhesive
 Sticky stabilizer
 Embroidery thread
 Fabric marker

Thread
Monofilament thread

Instructions:

1. Cut fifteen 3 $\frac{3}{4}$ " x 3 $\frac{3}{4}$ " squares of fall colored fabrics for each placemat.
2. With $\frac{1}{4}$ inch seams stitch five rows of three squares each. Press the seams to the solid colored squares.
3. Stitch each of the five rows together with $\frac{1}{4}$ inch seams. Press the seams.
4. Cut a piece of fleece $\frac{1}{2}$ inch larger on all sides than the pieced block of squares. Using spray adhesive, secure the block to the fleece. Smooth out any wrinkles.

If you are using the Ellegante:

5. Prepare the embroidery hoop with the sticky stabilizer.
6. Use the first and second steps of the frame pattern for making an appliqué as the quilting design for the solid colored blocks of the placemat.
7. Mark the center of each solid color square with a fabric marker.
8. Press the layered (fabric squares and fleece) placemat onto the sticky stabilizer in the embroidery hoop. Centering one solid square of fabric at a time to be embroidered.
9. Select the straight stitch frame of the maple leaf pattern; resize the leaf to fit within the square of fabric.
10. Embroider the pattern onto the square of placemat. Reselect and stitch the straight stitching step of the leaf pattern again, to make the stitching line more prominent.
11. Peel the placemat gently from the sticky stabilizer. Repeat steps 8-10 for each solid square of fabric in the placemat. Rotate or mirror the image of the leaf each time it is stitched onto a square of the placemat.

If you are using an Espire:

12. Use the outline leaf pattern below as the quilting design for the solid colored blocks of the placemat.
13. Mark the center of each solid color square with a fabric marker.
14. Select a straight stitch to sew the maple leaf pattern; resize the leaf to fit within the square of fabric if needed.
15. Trace the pattern onto the square of placemat. Stitch the leaf. Repeat the straight stitching of the leaf pattern again, to make the stitching line more prominent.
16. Repeat the above steps for each solid square of fabric in the placemat. Rotate or mirror the image of the leaf each time it is stitched onto a square of the placemat.
17. Quilt the placemat blocks, through each row of seams, using a zigzag stitch with the embroidery thread.
18. Secure the quilted block piece to the center of the reed placemat, using spray adhesive. Baste around the outer edge of the quilted block piece to hold it firmly to the reed placemat.

19. Make bias trim by cutting strips 1 ½ inches wide by the length needed to trim each placemat. Seam as necessary. Press the bias in half making the trim ¾ inch wide.
20. Stitch the bias trim to the edge of the pieced block, matching the raw edges of the trim to the raw edges of the block. Stitch the trim in place through all layers of trim, pieced block and reed placemat.
21. Press the bias trim towards the reed placemat, encasing the raw edges of the pieced block and bias trim.
22. Stitch along the folded edge of the bias trim, securing the trim to the reed placemat, using monofilament thread. Press.



Dancing Leaves Napkin Holders

Supplies:

Baby Lock Sewing Machine
Scrapes of autumn colored fabric
Fusible webbing
Sticky stabilizer
Embroidery thread
Seam sealant
Permanent marker to match the embroidery thread
Elasticized ponytail holders
Monofilament thread

Instructions:

1. Select two pieces of autumn colored fabric large enough to embroider the maple leaf pattern on. Fuse these two pieces of fabric together with the fusible webbing, following the instructions suggested by the manufacture.
2. Prepare the hoop with sticky stabilizer. Press the fused fabric square to the center of the hoop.
3. Select a straight stitch leaf pattern, and embroider the pattern onto the fabric.

4. Do not remove the hoop from the machine. Continue embroidering the second step of the maple leaf pattern. Leave the hoop in place after stitching.
5. Select the satin stitch frame of the maple leaf pattern and embroider the same shape as the appliqué.
6. To build up the satin stitch on the maple leaf, reselect the satin stitch frame of the maple leaf pattern and re-embroider the same shape.
7. Remove the hoop from the machine and peel the embroidered fabric from the sticky stabilizer.
8. Using the seam sealant, outline the entire maple leaf pattern with a stream of liquid. Allow to dry completely.
9. Trim away the outer fabric from the embroidered maple leaf. If fibers from the fabric should “pop” out from the satin stitching of the maple leaf appliqué, carefully color the fibers with the matching permanent marker.
10. Repeat steps 1-9 twice for each napkin holder.
11. Using a zigzag stitch, stitch an elasticized ponytail holder to the back of one leaf for each napkin holder being made.
12. Overlap a second leaf, making certain to conceal the zigzag stitching under the top leaf. Stitch the two leaves together with monofilament thread, near the satin stitching of the appliqué. Repeat steps 11 and 12 for each napkin holder.

Dancing Leaves Napkins

Supplies:

Baby Lock Sewing Machine

5/8 yard of two coordinating fabrics (makes 2 napkins)

½ yard of contrasting fabric for bias trim

Thread

Instructions:

1. Cut two 22” circles from each from the coordinating fabrics. Pin together one of each coordinating fabric circles, wrong sides facing. Stitch near the edge with a basting stitch.
2. Cut bias trim for the edge of the napkins, 1 ½” wide by enough to circle both napkins, seaming as necessary. Press the bias in half making the trim ¾” wide.
3. Pin the bias trim to one side of the napkin. Stitch the trim to the napkin with a ¼” seam. Press the bias trim to the opposite side of the napkin. Pin in place.
4. Topstitch the bias trim to the napkin near the folded edge.

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